



How to reach CRP:

The

Community Reintegration Program is located at VA Connecticut's Errera Community Care Center.

Referrals can be made by completing the PRRC/CRP (WHVA) Consult.

Contact to CRP Program Director:

Mary Sperrazza OTR/L, CPRP
(203) 479-8026

In case of an emergency:

Call VA Hospital
(203)932-5711

-ask for Psychiatrist on call

or

- dial ext. 4471 to reach the Psychiatric Emergency Room

CRP Staff:

Mary Sperrazza OTR/L, CPRP
Program Director
Lew Andrews, Peer Specialist
Moe Armstrong, Peer Specialist
Nancy Bergvick, RNC
Joshua Bullock PhD
Carol Caiafo, RNC
Audra Crutchfield PhD
Alexandra Discepolo, MSW
Valerie Drake, AT

Errera Community Care Center
VA Connecticut Healthcare System
Community Reintegration Program
114-152 Boston Post Road, 2nd Floor
(Formerly Orange Ave)
West Haven, CT 06516



Community Reintegration Program (CRP)

VA Connecticut Healthcare System
Errera Community Care System



The Errera Community Care Center of VA Connecticut Healthcare System

What is the Community Reintegration Program?

The VA CT Healthcare System's Community Reintegration (CRP) is a voluntary community based group program. The CRP Provides community based, recovery oriented, skill building interventions and supports for Veteran's with serious and persistent mental illness and/or substance abuse . The psychosocial rehabilitation (PSR) model of this program focuses on function rather than on pathology. Through the use of groups and group techniques of psycho-education, cognitive behavioral and solution focused treatment, the veterans are assisted in empowering themselves to improve their level of functioning, maximizing their strengths and developing effective coping skills to improve their quality of life in the environment of their choice.



CRP Goals are:

To prevent an inpatient hospitalization when possible or to minimize the length of stay of an unavoidable admission.

- To engage Veterans as active members of the recovery process and the treatment team.
- To provide Veterans the opportunities to learn the skills necessary to enhance community and life functioning and enhance life satisfaction.
- To assist in the establishing and strengthening of community based supports.

CRP Services Include:

- Psychosocial Rehabilitation
- Veteran constructed individual treatment plans
- Case management
- Group psycho-education
- Education: coping skills, community living, problem solving, wellness, anger management
- Connection and referrals to community resources
- Veteran Empowerment
- Peer Support
- Crisis Management
- Women's Groups
- Positively Silver Groups(55+)
- Family Education and Support

Veteran Eligibility

- Must be eligible for VA services
- Must have a major mood disorder, psychotic disorder or PTSD diagnosis
- Must be capable of benefiting from group interventions and psycho-educational approaches
- Must be able to maintain behavioral control in a voluntary, unlocked environment
- Must be capable of independently meeting self care/personal hygiene