

How to reach MHICM RANGE:

The MHICM RANGE team is located at the Newington campus of VA Connecticut. Staff can be reached at (860) 667-6733 between the hours of 8:00 AM—4:30 PM, Monday—Friday (except holidays). If you call after 4:30 PM, on weekends &/or holidays you can leave a message and someone will get back to you the first returning business day. If you have an emergency you may call the West Haven campus at (203) 932-5711 and ask to speak to the psychiatrist on call (ext. 4471).



VA Connecticut Healthcare System
Newington Campus

MHICM RANGE STAFF:

Maureen Rogers, LCSW
Program Manager

Karen Tie, MD
Attending Psychiatrist

Alton Willis
Peer Specialist
Community Case Manager

Holly James, LCSW
Primary Clinician

(Vacant)
RN Primary Clinician

A Mental Health Intensive Case Management Program
MHICM RANGE

VA Connecticut Healthcare System
MHICM RANGE PROGRAM
555 Willard Avenue, Bldg. 2
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(Rural Access Network for
Growth Enhancement)

VA Connecticut Healthcare System
Newington Campus



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What is MHICM RANGE?

The VA Connecticut Healthcare System's MHICM RANGE Program Health is one of the VA's Mental Health Intensive Case Management Programs. The program provides intensive clinical case management services to Veterans who have chronic, severe and persistent psychiatric illnesses. The MHICM RANGE program targets rural areas in Northern Connecticut. The program is characterized by high staff to Veteran ratios, service delivery in the community, practical problem solving approach to the work and have a high degree of continuity of care. The staff of the MHICM RANGE team are the primary providers of the Veteran's outpatient psychiatric care.

MHICM RANGE GOALS ARE:

The primary goals of this program are to reduce the frequency and/or duration of hospitalizations for Veterans with chronic mental health issues, to provide compassionate support to maximize Veterans quality of life and to promote independent functioning and rehabilitation in a respectful manner with each and every Veteran. MHICM RANGE embraces the Psychosocial Rehabilitation model of care and works collaboratively with Veterans to determine the goals they want to achieve.

MHICM RANGE SERVICES ARE:

- Frequent home &/or community visits by staff.
- Highly individualized treatment plans.
- Psychoeducation about psychiatric illnesses and symptom management.
- Teaching problem solving and coping skills.
- Individual &/or family therapy.
- Crisis management skills.
- Assistance with and education about community living, i.e. housing, transportation, budgeting, shopping, home-making skills, structured activities, grooming, social skills, entitlements and referrals to other services.
- Veteran advocacy to service providers and community agencies.
- Medication monitoring and education.
- Group social activities.

VETERAN ELIGIBILITY:

Veterans are initially admitted to the MHICM RANGE from either primary Mental Health clinicians or directly from an inpatient unit. Referrals are made to the MHICM RANGE Program Director, and a decision is made about an admission based on clinical review. Discussions with the referring clinicians (inpatient and outpatient), the MHICM RANGE team and the Veteran are all taken into consideration in the decision about an admission to the program.

INCLUSION CRITERIA:

- 1) At least 30 days &/or three inpatient psychiatric hospitalizations within the prior calendar year.
- 2) Screening for eligibility, and subsequent admission to MHICM RANGE, can occur at any time with consideration based on level of functioning.
- 3) Helping Veterans who reside in rural areas access MHICM RANGE treatment is a main focus of this program.

EXCLUSION CRITERIA:

- 1) Primary diagnosis of substance abuse
- 2) Diagnosis of Organic Brain Syndrome



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