



The Communicator

*A Connection to
Your Community*

October 2013

ECCC/VA Events

October 7 and October 21: Meet with a Food Stamp Representative. 2-4 pm. Lily Torres. VA Hospital, Bldg. 6, Room B-107. Contact Lily Torres (203) 777-7411 ext. 5082 if you have specific questions.

October 9: Family Night at the ECCC! 5-7 pm. This is an opportunity for Veterans and their family members to share a meal together, gain some support, learn about resources that can help us to support one another and meet other family members and VA staff. Two Veterans will be presenting NAMI's *In Our Own Voice*. As always, an awesome dinner will be served!

Fridays: Movie Group at the ECCC continues to meet. 1:15 pm in R28. This month we would like to hear what you would like to see. Please let Mark T. or Moe A. know what your movie choices would be. Come out and join us for your viewing pleasure!!!!

Local Events

October 12-14: Chowder Days at Mystic Seaport. Mystic, CT.

There's plenty to do while you enjoy your hot bowl of chowder at Mystic Seaport on Columbus Day Weekend. Chowder Days feature an a la carte menu of favorite fall foods, live music, crafts, games, and hay rides, as well as a planetarium and historic ships. Something for everyone! 9 am-5 pm. Admission: Museum admission. (860) 572-0711



October 12: New Haven Urban Scavenger Race. 11 am-3 pm. Sign in 10:30 am. Geronimo Tequila Bar & Southwestern Grill, 271 Crown St., New Haven. Teams race around the New Haven, solving clues, taking on exciting challenges and competing for great prizes. Prizes offered for best team costume and overall winners. Everyone gets a T-shirt and after-race-party food discounts. Information and registration: www.scavengerrace.com/Registration---2013-New-Haven.html.

Saturday Oct 26: Jazz Concert Series, Lyman Center, SCSU. Boney James. 8 pm. Tickets may be purchased online at Lyman.SouthernCT.edu or by calling the box office at (203) 392-6154.

October 16-November 10: "The Underpants" by Steve Martin.

Long Wharf Theatre. Claire Tow Stage in the C. Newton Schenck III Theatre. A co-production with Hartford Stage. 222 Sargent Drive, New Haven, CT. (203) 787-4282

The Shubert Theater presents: Saturday October 19: The Color Purple. Shows at 3 pm and 8pm

Monday October 21: An Evening with

David Sedaris. 7:30 pm

October 25-27: Godspell.

(203) 562-5666 for tickets or visit the box office, 247 College St., New Haven www.shubert.com

The New Haven Reads Community Book Bank. Upcoming events:

October 5: General Tutor Training. 10 am.

October 25: Spelling Bee. 7 pm.

45 Bristol Street, New Haven. (203) 752-1923.

Holidays/Anniversaries

October 14: Columbus Day (ECCC is closed)

October 31: Halloween

NAMI Events

NAMI Consumer Council Meeting Every Tuesday 10:30 am, held in ECCC dining room.

NAMI Connections Meeting Every Wednesday. Lunch Provided. 11:30 am, held in R28.

October 28: Social Brain and Schizophrenia. Seeking New Connections. 5:30-8:30 pm. Program room, New Haven Free Library, 133 Elm St., New Haven

Monday November 25: In Our Own Voice. 2 Trained Consumer Speakers, Abdul and Mark , Veterans from Errera Center will speak. 5:30-8:30 pm. Program room, New Haven Free Library, 133 Elm St., New Haven

Monday December 16: NAMI Holiday Party 6:00-8:00 pm. Downtown New Haven, location to be announced.

Sports

Yale, home games:

Men's Soccer: 10/5/13 Harvard, 10/12/13 Dartmouth, 10/19/13 Cornell, 10/22/13 Connecticut

Football: 10/19/13 Fordham, 12PM

Woman's Soccer: 10/5/13 Harvard, 10/12/13 Dartmouth, 10/19/13 Cornell

SCSU, home games:

Football: 10/4/13 Pace University, 10/12/13 Stonehill College (homecoming), 10/25/13 University of New Haven

Women's Soccer: 10/8/13 University of New Haven, 10/12/13 Saint Michael's College, 10/22/13 College of Saint Rose, 10/26/13 Bentley University

Men's Soccer: 10/2/13 Le Moyne College, 10/5/13 Stonehill College, 10/19/13 Saint Anselm College, 10/29/13 Adelphi University

Bridgeport Sound Tigers Hockey:

Saturday October 5: Opening night vs WB-S/Scranton. 7 pm

Sunday October 6: vs Norfolk. 3 pm

Saturday October 12: vs Manchester

Wed. October 30: Hartford, Hartford XL Center. 7 pm

West Haven Football:

October 11: vs Notre Dame of West Haven. At WHHS 7 pm.

October 18: vs Xavier Middletown. At WHHS. 7 pm.

October 25: vs Hamden High School. At Hamden High School. 7 pm.

Entertainment

On Sept 21st, Veterans from West Haven VA CT, Newington and Rocky Hill were taken on a fishing boat party out of Branford CT Yacht Club. "Take A Vet Fishing" and Branford 1st Congregational Church and volunteers from the VA , DAV and local fishing clubs sponsored the trip.

This trip included approximately 34 boats ranging in size from 24 feet up to 60 foot cabin yachts. A TAVF Hat and T-shirt were given to the captains and first mates of the boats. The Veterans received a T-shirt with a cabin boat image on the back and a TAVF logo on the front. A lot of porgies, stripe bass and bluefish along with weak fish were caught by the Vets. An Atlantic drum fish (rare to New England) was also caught by a Vet on one of the boats. The water was a little rough so there was a lot of rock n' rolling on board.

On returning from five hours at sea, an awesome barbecue was given to all in attendance. Served was hot dogs with all the trimmings, summer salads, ribs, corn on the cob and barbecued chicken, all free of charge.

An award ceremony was held after the barbecue giving plaques for the largest bass, bluefish and others caught. – *Story submitted by Barry Walter Braman, Volunteer Reporter for this newsletter.*

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

OCTOBER

