



CONTACT INFORMATION

ERRERA MAIN

114-152 Boston Post Road
West Haven, CT 06516

Hours of Operation: Doors are open 7:30-4 pm

ERRERA NORTH

555 Willard Avenue
Newington, CT 06111

Hours: please see program page for details

TRANSPORTATION

Yale/VA Shuttle runs from 6-6 pm M-F. Shuttle runs every 20 minutes.

DAV Transportation: This is a volunteer run transportation service. Please call 203-932-5711 ext. 2612 to discuss pickup. If deemed eligible for assistance, 48 hour advance notice is needed to arrange a ride.

Revised 5/11/2015



WELCOME TO THE VA CONNECTICUT ERRERA COMMUNITY CARE CENTER



YOUR GUIDE TO
THE PROGRAMS AND SERVICES
LOCATED AT ERRERA MAIN AND ERRERA NORTH

Please contact programs directly for the most up to date information.

THE ERRERA COMMUNITY CARE CENTER

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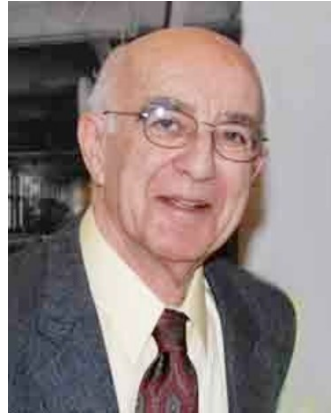
* Indicates available at Errera North

◇ Indicates program is a non-VA program

DR. PAUL ERRERA'S MISSION

PROGRAMS COMING SOON

In a career that spanned more than half a century at the VA, Dr. Paul Errera demonstrated a unique commitment to our nation's veterans and the quality of care they receive. Throughout his tenure, Dr. Errera was a visionary leader, stimulating fundamental change in the way mental health care is delivered. He played an integral role in the development and implementation of innovative, community-based programs to meet the diverse mental health treatment needs of veterans. Dr. Errera's commitment and diligence had a dramatic impact on the VA's treatment of its mentally ill patients—effectively changing the face of their approach and service to many of our nation's most vulnerable citizens. Dr.



Errera's passionate concern for the plight of the mentally ill is best illustrated by his own words when Dr. Errera testified before the House Committee on Veterans' Affairs Subcommittee on Health on May 6, 2003:

"Our society has conflicted responses to the mentally ill. It is more comfortable when dealing with traditional medical or surgical symptomatology. Broken bones, heart disease, shrapnel wounds, infections – such symptoms get the therapeutic attention and resources that are required. However, when it comes to lack of housing and paralyzing fears, horrendous nightmares, depression, hallucinations, addictions, delusions – all possible aspects of mental illness – for these, we as a society are less compassionate, less likely to provide the necessary treatment and support options and more likely to denigrate or even ridicule the afflicted persons.

We bring flowers to the bedside of medical and surgical patients – why not for the psychiatric. We raise our voices before the legislature for the paralyzed, the blind and others physically disabled – much more hesitantly for the mentally ill.

As patients, we brag about our successful operation and the infection that has been subdued – not so for the hallucinations and delusions that have become less intrusive. We are proud of our good surgeon, our effective internist. We only whisper hesitantly to our closest confidant the name of our psychiatrist.

All of which reflects our discomfort with mental illness – providers as well as consumers – and, hence, underscores the need for legislative support to assist those whose very disease makes them less likely to be offered help as well as less able to help themselves and may lead some of them into homelessness."

PROGRAMS COMING SOON

ABOUT THE ERRERA COMMUNITY CARE CENTER

The Errera Community Care Center (ECCC) has been locally and nationally recognized as one of the best models for delivery of services for those individuals struggling with mental illness, substance abuse, and/or homelessness. The ECCC has been honored within its community, State and nationally by U.S. Congress and has been designated a VA Center of Excellence for the long term care of the seriously mentally ill. Our Vehicle to success within the ECCC infrastructure is the continual development and implementation of new resources and expansion of current resources via Veteran involvement & leadership, community networking and partnerships. Services and programs are offered at the Errera Center main campus in West Haven and at Errera Center North in Newington, CT.

ECCC MISSION

To enable individuals struggling with mental illness, substance abuse, and/or homelessness to live successfully within their communities. The goal is to maximize independence through recovery and rehabilitation plans designed to meet each individuals needs.

OUR COMMUNITY PHILOSOPHY

“Tell me and I will forget. Show me and I will remember. Involve me and I will understand”

LEADERSHIP

Director: Dr. Laurie Harkness, Ph.D., CPRP

Business Manager: Darla French, LCSW/ACSW/CPRP

HOUSING PROGRAMS

HOMELESS PROGRAMS

Program: Director: Maureen Pasko, LCSW

About program: VA Connecticut's Healthcare for Homeless Veterans (HCHV) Program offers housing services to Veterans who are homeless, at risk of homelessness, or economically challenged. These services include, emergency housing, transitional housing, and permanent supportive housing.

Eligibility Criteria:

- Veterans who have an honorable or general discharge from the military and meet the minimum active duty requirements,
- are homeless or in need of stable housing are eligible for HCHV services

How to refer: Any VA provider can refer by placing Homeless Consult or the Veteran can walk in 830-930 M-F.

Hours of operation: 8:30-9:30 walk in hours after 9:30 call to schedule an appointment.

Location: Errera Community Care Center

Phone number: Clinic Line: 203-479-8064

* AVAILABLE AT ERRERA NORTH

NON-VA FINANCIAL PROGRAMS

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)

Program Representative: Varies by appointment

About program: A Temporary financial assistance program to help Veterans and their families connect with housing or avoid eviction. Other services offered include rapid rehousing, temporary financial assistance, assistance in coordinating and obtaining public benefits, and case management.

Eligibility Criteria:

- Must be eligible Veteran
- Very low income—less than 50% area median income with priority given to Veteran families earning less than 30% AMI
- Will need photo ID, social security card, and DD214

How to refer: Veteran can call to make self-referral

Hours of operation: By appointment only

Location: Errera Community Care Center

Phone number: 860-778-4761

NON-VA LEGAL/JUDICIAL PROGRAMS

CT VETERANS LEGAL CENTER (CVLC)

Non-Profit

Program Director: Margaret Middleton, J.D.

About program: The Connecticut Veterans Legal Center is a non-VA, non-profit program, co-located at the Errera Community Care Center, that offers free legal assistance to veterans in recovery from homelessness and mental illness. Common issues include evictions, foreclosures, consumer debt collections, divorce and child support, VA and Social Security income, criminal pardons, military records corrections and tax issues. Unfortunately, CVLC is unable to assist veterans seeking assistance in personal injury, employment discrimination or contesting conservator status. CVLC leverages its resources by connecting about half of veteran matters to volunteer attorneys across the state.

Eligibility Criteria:

- Veterans whose incomes fall below 200% of the poverty level (about 22K for a single person)
- Active in mental health care, case management, supported employment, substance abuse treatment and other recovery-oriented services. CVLC works in medical-legal partnership with VA and requires a form from clinicians to establish the partnership.

How to refer: Veterans medical or mental health provider can e-mail NikkiKelsey@CTVeteranslegal.com to request referral form. Veteran can also stop by office to request form and make an appointment.

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center

Phone Number: 203-794-4291

HOUSING PROGRAMS

GRANT & PER DIEM (GPD)

Program Manager: John Chiechi, LCSW

About program: In conjunction with the Department of Veterans Affairs Grant and Per Diem program—has established contracts with facilities that provide transitional housing for homeless Veterans. Beds are available in urban and rural areas across the state, serving both male and female Veterans

Eligibility Criteria: Veterans engaged with the VA CT Homeless Program are, in general, eligible for Grant & Per Diem programs. Specific program stipulations at partner sites further define eligibility.

Providers of the Grant & Per Diem Program *often require:*

- Participation in VA mental health and/or substance abuse treatment
- Involvement in structured community-based activities, such as day programs or jobs
- The willingness to secure income through employment or pensions or other entitlements within a certain timeframe.
- Cooperation in case management services to ensure seamless service plans among all providers, especially between the partner site and VA CT.

How to refer: Homeless team or Clinician can place consult

Hours of operation: Call to make appointment

Location: Errera Community Care Center

Phone number: 203-479-8042

*AVAILABLE AT ERRERA NORTH

HOUSING PROGRAMS

PERMANENT SUPPORTIVE HOUSING SERVICE

Program Contacts: Errera Main: Patrice Boyce, LCSW
Errera North: Luciane Gray, LCSW

About Service: Permanent Supportive Housing is a service that provides information and help with referrals to community based permanent supportive housing programs. Supportive housing is helpful to individuals in need of extra case management help to maintain independent housing. The VA's permanent housing specialist works in collaboration with onsite case management to assist the Veteran in living independently. Veteran pay 30 percent of their income towards rent and the remainder is paid by tenant-based rental assistance or project-based rental assistance.

Eligibility Criteria:

- Each housing program has its own criteria for admission. Please contact program contact person for more information.

How to refer: Referrals are often made by the homeless team. However, Veterans can self refer by calling or coming in.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number: Errera Main 203-823-6231

Errera North 860-666-6951 ext:6562

LEGAL/JUDICIAL PROGRAMS

HEALTH CARE FOR REENTRY VETERANS (HCRV)

Program Representative: Michele Roberts, LCSW

About program: HCRV provides Veteran-specific services to incarcerated Veterans, in order to assist them in making successful reentry into the community. Incarcerated Veterans Specialists provide outreach services in federal and state correctional institutions. They offer:

- Education on VA eligibility, benefits, and in enrolling for health benefits
- Needs Assessment for community reentry and linkage to local services
- Post-release referrals to VA programs and community resources

Eligibility Criteria:

- Honorable or general discharge from service.
- Veterans who enlisted after September, 1980 must have 24 months of continuous service.
- National Guard and Reservist may also qualify for VA benefits if they were called to active duty (other than for training) by Federal order.
- We encourage all Veterans to apply. Reentry Specialists can help with determining eligibility.

How to refer: Call or E-mail.

Hours of operation: M-F 8-4:30 pm

Location: Based out of Errera Community Care Center but often out doing outreach.

Phone number: 203-492-9540 - Michele.Roberts2@VA.gov

*AVAILABLE AT ERRERA NORTH

LEGAL/JUDICIAL PROGRAMS

VETERANS JUSTICE OUTREACH (VJO)

Program Representatives: Varsha Dubose, LCSW; Susie Gibbs, LCSW; Jessica Marshall, LCSW

About program: The VJO is responsible for acting as the clinical liaison between the VA and the criminal justice system to provide outreach, assessment, and case management for eligible justice-involved Veterans across the state. The purpose of the VJO initiative is to end unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible Veterans in contact with the criminal justice system have access to Veteran's Health Administration (VHA) medical, mental health and substance services.

Eligibility Criteria:

- Must be eligible for VA services
- Must be willing to sign a release of information to allow VJO to communicate with the courts
- Currently has pretrial state or federal criminal charges or is already sentenced

How to refer: anyone connected to the Veteran can call to make a referral

Hours of operation: M-F 8-4:30 pm

Location and Phone number:

Jessica Marshall, LCSW

GA-23 New Haven Superior Court

Cell: 475-201-8039 Office: 203-773-6739

Susie Gibbs, LCSW, LADC GA-4

Waterbury Superior Court Cell: 860-899-4157

Varsha Dubose, LCSW,

Fairfield County area, Cell: 203-228-1281

HOUSING PROGRAMS

HOUSING URBAN DEVELOPMENT– VETERAN AFFAIRS SUPPORTIVE HOUSING (HUD-VASH)

Site Manager Errera Main: John Sullivan, LCSW

Site Manager Errera North: Debra Minzy, LCSW

About program: HUD-VASH is partnership between the U.S. Department of Housing and Urban Development (HUD) and the VA. Through this joint program rental subsidies are offered to chronically homeless Veterans who suffer from serious mental illness and substance addictive disorders or who need on-going case management to live independently.

Eligibility Criteria:

- Must be eligible for VA Healthcare
- Meet chronic homeless criteria or other priority categories
- Meet income guidelines
- Should be referred by clinical provider or community case manager
- Demonstrate a need for case management and housing services contract
- Willingness to engage in treatment
- Cannot be on lifetime sex offender registry

How to refer: Veteran must be screened by the HCHV team. See page 6 for contact info and hours of operation.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number:

Errera Main : 203-479-8093

Errera North: 860-594-6353

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AVAILABLE AT ERRERA NORTH

MENTAL HEALTH PROGRAMS

PSYCHOSOCIAL RECOVERY REHABILITATION CENTER

Known at Errera Center as Community Reintegration Program (CRP)
Known at Errera North as the Healing and Recovery Program (HRP)

Program (s) Director: Mary Sperrazza, OTR/L

About program: The Mission of the PRRC/CRP/HRP is to provide Veterans with a transitional educational center that will inspire and assist them to reclaim their lives, instill hope, validate strengths, teach life skills, and facilitate community integration in meaningful self-determined roles. The program helps veterans focus on maintaining safety, expanding their support networks and maintaining sobriety. The specific services provided include:

- Veteran constructed individual recovery plans
- Case management, Group psycho-education: coping skills, community living, problem solving, cognitive behavioral therapy, anger management, relapse prevention

Eligibility Criteria:

- Must have serious mental illness (PTSD, Mood disorder, or Psychotic disorder, can have comorbid substance abuse but substance abuse cannot be main diagnosis.
- GAF <50
- Exclusion criteria: Severe personality disorder, active untreated substance abuse disorders, dementia, and severe organic disorders

How to refer: Primary mental health provider can place PRRC consult for either CRP or HRP.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number: Errera Main 203-479-8026

SUBSTANCE ABUSE PROGRAMS

SUBSTANCE ABUSE DAY PROGRAMS (SADP)

Program Director: David Pilkey, PhD

About program: SADP is a 21 day outpatient program. Veterans meet in groups to discuss techniques to stop alcohol and/or drugs. Veterans are also assigned a primary counselor for weekly individual sessions.

Eligibility Criteria:

- Veteran must be eligible for VA services
- Must have substance use disorder
- Must be able to participate in groups
- Must have an interest in changing substance use

How to refer: Only a mental health treatment coordinator from the substance use firm can refer directly. Otherwise Veteran must get screened in building 12A on M,W or F from 8-9:30 to obtain a referral.

Hours of operation: Groups run M-F 9:00-2 pm staff can be reached 8-4:30

Location: Errera Community Care Center

Phone number: 203-479-8060

VOCATION/EDUCATION PROGRAMS

VETERANS INTEGRATION TO ACADEMIC LEADERSHIP (VITAL)

Program Manager: Amy Kaplan, LCSW

About program: The VITAL program collaborates with higher education programs to assist Veteran in meeting academic goals. Offers treatment for adjustment, stress, anger, depression, anxiety, sleep problems and PTSD, Refer and works with university disability services to request accommodations, offers support and advocacy in regards to academic actions and/or conduct issues., assists with enrollment for services including the Veterans, Benefits Administration (VBA), support in obtaining and using assistive technology devices, development and support of student Veteran peer groups including student Veterans in recovery from addiction, collaborates with community Veteran service providers including Student Veterans of America (SVA).

Eligibility Criteria:

- Must be enrolled in a school that is involved in the Vital program
- Must be eligible for VA services

How to refer: medical or mental health clinicians can place MH-Vital consult

Hours of operation: varying hours call to make appointment

Location: VA CT West Haven Building 14

Phone number: 203-932-5711 ext. 4267

MENTAL HEALTH PROGRAMS

CRITICAL TIME INTERVENTION (CTI)

Program Director: Mathew Abbott, LCSW

About program: Very intensive time limited case management program for Veterans who are homeless or at risk of homelessness. Purpose of program is to secure stable housing and to provide assistance reintegrating back into the community.

Eligibility Criteria:

- Must be homeless or at risk of homelessness
- Must have Axis I mental health diagnosis
- Express the availability and willingness to participate in case management program for at least one year within the 30 min/30 mile radius of West Haven area.
- Exclusion Criteria: Primary diagnosis of substance abuse, Diagnosis of organic brain syndrome, Already participating in an enhanced community-based case management program., Veterans who live greater than approximately 30 minute travel time from the VA CT's West Haven campus, Veterans who have a history of significant violence.

How to refer: Referral must come from the inpatient psychiatric setting or H-PACT. Mental health care provider can enter CTI consult.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number: 203-479-8021

MENTAL HEALTH PROGRAMS

MENTAL HEALTH INTENSIVE CASE MANAGEMENT (MHICM)

Locally known as: COMMUNITY SUPPORT PROGRAM (CSP)

Program Manager: Barbara Johnson, MSN &
Pat Standish, LCSW

About program: The CSP mission is to work with veterans who have serious mental illness to enable them to live successfully in community settings. Members of the team serve as the primary outpatient mental health provider. Services include individual and family therapy, pharmacologic therapy, crisis intervention, skills training, and assistance in obtaining benefits, resources, housing, and rehabilitative services.

Eligibility Criteria:

- Must be a candidate for psychosocial rehabilitation
- Veterans must have greater than thirty days of inpatient psychiatric hospitalization and/or three or more admissions within the previous calendar year.
- Admissions occur when Veterans are on the inpatient unit prior to their discharge.
- A diagnosis of a serious mental illness must be present. Diagnoses are reviewed at time of referral for appropriateness to the treatment model.
- Exclusion criteria: significant Substance Abuse diagnosis or dementia, live greater than 30 minutes travel time from VA CT, serious histories of violence and/or those who would be better served by more institutional or structured settings.

How to refer: Outpatient or inpatient mental health providers can place mental health intensive case management consult.

Hours of operation: 8-430 pm M-F

Location: Errera Community Care Center

Phone Number: 203-479-8008

VOCATIONAL PROGRAMS: CWT

TRANSITIONAL WORK PROGRAM (TWE)

Program Director: Mary Sperrazza, OTR/L

About program: A branch of CWT. This is a hospital based program that is designed for Veterans who have been unemployed for a period of time and need training on reentry into the workforce. The program utilizes Hospital based jobs for assessment purposes for community job development. The veteran would benefit from a program that would assesses and addresses vocationally related strengths and barriers as it applies to independently seeking competitive work. The paid position is usually part-time time and limited to three months. The Veteran is taught basic skills, and given helpful feedback on work performance.

Eligibility Criteria:

- Veterans vocational goal is competitive employment
- Be a Veteran in mental health treatment at the VA Medical Center
- Must have a disability that causes a barrier to employment
- Must have 30 days sobriety/clean time
- Must obtain medical clearance for work

How to refer: referral must come from the Veterans mental health provider.

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center

Phone number: 203-479-8026

***AVAILABLE AT ERRERA NORTH**

VOCATIONAL PROGRAMS

COMPENSATED WORK THERAPY (CWT)

The mission of Compensated Work Therapy (CWT) is to assist Veterans with securing competitive employment in the community. There are several programs within CWT that provide varying levels of support depending on the Veterans needs, work history, and barriers to employment.

SUPPORTIVE EMPLOYMENT (SE)

Program Director: Mary Sperrazza, OTR/L

About program: The veteran would benefit from support and services in seeking, securing and or maintaining competitive community employment. This program is not time limited and offers long term ongoing job supports.

Eligibility Criteria:

- Veteran must have an SMI diagnosis(psychotic disorder or major mood disorders only)
- Veteran's goal is competitive community employment
- Veteran must be engaged in mental health treatment.
- Veteran does not need to be clean and sober to be engaged in SE Services
- Must obtain medical clearance for work

How to refer: Referral must be from the primary mental health provider

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center

Phone number: 203-479-8037

*AVAILABLE AT ERRERA NORTH

MENTAL HEALTH PROGRAMS

MENTAL HEALTH INTENSIVE CASE MANAGEMENT RANGE (MHICM RANGE)

Program Manager: Maureen Rogers, LCSW

About program: The MHICM-Range program is part of the Errera Firm and operates out of the Newington, CT VA campus. The program targets rural areas in Northern Connecticut, to reach Veterans who might not otherwise be able to access services due to their location. The program is characterized by high staff to Veteran ratios, service delivery in the community, practical problem solving approach to the work and have a high degree of continuity of care. The staff of the MHICM RANGE team are the primary providers of the Veteran's out-patient psychiatric care.

Eligibility Criteria:

INCLUSION CRITERIA:

- At least 30 days &/or three inpatient psychiatric hospitalizations within the prior calendar year.
- Screening for eligibility, and subsequent admission to MHICM RANGE, can occur at any time with consideration based on level of functioning.
- Helping Veterans who reside in rural areas access MHICM RANGE treatment is a main focus of this program. .

EXCLUSION CRITERIA:

- Primary diagnosis of substance abuse
- Diagnosis of Organic Brain Syndrome

How to refer: Medical or mental health provider can place Mental health intensive case management consult.

Hours of operation: 8-430 pm M-F

Location: Errera North

Bldg. 2 3rd Floor, Room 2E-3120

Phone number: 860-667-6733

*ONLY AVAILABLE AT ERRERA NORTH

MENTAL HEALTH PROGRAMS

VET TO VET

Program Contact: Mary Sperrazza, OTR/L

About program: A self help support group for Veterans, where Veterans help other Veterans live with mental illness.

Eligibility Criteria:

- Must be a Veteran

How to refer: No referral needed. Open to all Veterans.

Hours of operation: groups meet M-F 12:15-1:30pm

Location: Errera Community Care Center

Phone number: 203-479-8026

MENTAL HEALTH— RESIDENTIAL REHABILITATION TREATMENT PROGRAMS

Compensated Work Therapy
Transitional Residence (CWT-TR)
BROWNELL HOUSE

Program Manager: Jennifer Gaskins, PhD

About program: A residential program that supports Veterans as they work on gaining independent housing, establishing an income and supporting themselves, while remaining engaged in treatment. The Veteran works closely with the house employment specialist to build a resume, set employment goals, apply for jobs, and obtain and maintain work.

Eligibility Criteria:

- Must be willing, wanting, and able to work
- Must be able to live independently
- Must be willing to pay program fees, and provide utox and breathalyzers
- Must be engaged or willing to engage in CWT Vocational services
- Must be engaged in mental health treatment
- Must obtain medical clearance for work

How to refer: referral must come from CRRC program

Hours of operation: Manager can be reached M-F 8-4:30 pm

Location: Errera Community Care Center

Phone number: 203-848-7240

**MENTAL HEALTH—
RESIDENTIAL REHABILITATION TREATMENT
PROGRAMS**

NEXT STEPS—7 East

Program Director: Howard Steinberg, PhD

About program: Next Steps residents often participate in groups at ECCC. Next Steps is a residential program that offers a safe and sober environment to facilitate recovery and housing placement. Maximum length of stay is one month.

Eligibility Criteria:

- Severe and persistent mental illness and/or substance use disorder,
- Homeless or in living conditions not conducive to recovery,
- Have an attainable goal, and willingness to work toward that goal in accordance with Next Steps expectations and programming.
- Must be engaged or willing to engage in day program
- Must be engaged or willing to engage with a mental health clinician

How to refer: referral must come from Veterans primary mental health clinician, psychiatric emergency room, or CRRC Program

Hours of operation: Residential program. Veterans go out to assigned day programming during the day and return for programming and sleep at night.

Location: VA CT West Haven 7 East (Bldg. 1, 7E)

Phone number: 203-932-5711 ext. 2180

**MENTAL HEALTH PROGRAMS
PEER SUPPORT SERVICES**

Program Director: Anne Klee, PhD

About program: Veterans who are in recovery from mental health or substance use disorders are trained and certified as Peer Specialists. Peer Specialists serve as role models and demonstrate that Veterans can improve their health and life when they focus on the recovery process. The Peer Specialists are embedded in programs at the Errera Community Care Center.

Eligibility Criteria:

- Must be a Veteran in recovery from mental health or substance use disorder

How to refer: If interested in becoming a Peer Specialist please contact Human Resources or to apply go to www.USAJobs.gov.

Hours of operation: not applicable

Location: Errera Community Care Center

Phone number: 203-479-8035

***AVAILABLE AT ERRERA NORTH**

WELLNESS PROGRAMS

HOMELESS PATIENT ALIGNED CARE TEAM (H-PACT)

Program Director: David I. Rosenthal M.D.

About program: Offers primary medical care services to Veterans at risk for or struggling with homelessness. Services include screenings, exams, treatments, referrals, and care management in a caring and welcoming environment.

Eligibility Criteria:

- Veteran must be eligible for VA services
- Veteran must be homeless or at risk for homelessness
- Veteran may not be actively engaged with a VA primary care provider

How to refer: place consult to Homeless Patient Aligned Care Team

Hours of operation: M-W-F 8-3:30 pm

T&Th 10-3:30 pm RN only

Location: Errera Community Care Center

Phone number: 203-479-8096 Health Tech

203-506-4131 H-PACT Nurse

WELLNESS PROGRAMS

WELLNESS CENTER

Program Director: Carol Hendricks, PhD

About program: The Wellness Center at the Errera Community Care Center (ECCC) offers Veterans who receive services in the VA Mental Health Care Line a comprehensive range of wellness services including physical exercise (with medical clearance), nutritional counseling, weight control, stress reduction and various health psychology services.

Eligibility Criteria:

- Have a mental health diagnosis
- Must be engaged with mental health services
- Must be able to abide by center policies
- Gym use requires medical clearance

How to refer: Medical or mental health clinician can place MH-ECCC Wellness consult,

Hours of operation: Gym 8:30-12 & 1-3:30 pm M-F

Dietitian 8-4:30 T&Th

Health Psychologist 10-4:30 M,W,Th

Location: Errera Center lower level

Phone number:

Health Psychologist: Carol Hendricks PhD 203-479-8083

Dietician: Tracey Pascarella RD 203-479-8082

Exercise Specialists: Craig Funaro 203-479-8081/ T,TH, F

Bill Trent 203-479-8081/M&W